

# DOG TRAINING 101

## SIT COMMAND

Sit is the most basic dog command. Most of the time, it helps you to keep your naughty fido in one place while you are sorting out the mess that he/she has created. Here is how you do it.



**1. Grab your dogs attention by showing him his favourite treat.**

**2. Hold the treat above his nose and move it back and forth.**



**3. When your dog's attention is fully on the treat, say "SIT" along with his name.**

**4. If you have a pup chances are he might jump to get the treat. Do not give him the treat until he sits.**



**5. Once he sits give him the treat and appreciate him.**

**6. Give sufficient amount of time before you repeat this step. You can do this 2 or 3 times a day.**

**After 3-4 days stop giving him the treat and see if he obeys the command.**

